

How does the admissions process work?

Admission is based on a comprehensive review of current diagnosis, functioning level, history of hospitalizations, homelessness, legal issues, and/or co-occurring disorders, as well as prior treatment history.

For a copy of the referral form, please contact the Assertive Community Treatment program at 215-343-7696.

The Lenape Valley Foundation Assertive Community Treatment program accepts Medical Assistance.

Lenape Valley Foundation



MAIN OFFICE

500 N. West Street
Doylestown, PA 18901
215-345-5300

24 HOUR CRISIS/ EMERGENCY SERVICES

1-800-499-7455
215-785-9765 – Lower Bucks County
215-345-2273 – Central Bucks County

ASSERTIVE COMMUNITY TREATMENT

The mission of Lenape Valley Foundation is to partner with members of our community encountering mental health, substance use, intellectual or developmental challenges as they pursue their personal aspirations and an enhanced quality of life.

For questions regarding the Assertive Community Treatment program, the Department Director can be reached at 267-893-5022 and the Program Coordinator can be reached at 267-893-5021.

This project is operating with funds provided through the Bucks County Department of Mental Health/Developmental Programs.

www.lenapevf.org



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Assertive Community Treatment Program (ACT)

Lenape Valley Foundation's Assertive Community Treatment (ACT) Program provides intensive community supports. ACT is an evidenced-based practice that supports and empowers persons with severe and persistent mental illness in their recovery.

ACT benefits individuals who have experienced repeated psychiatric hospitalizations, incarceration, institutionalization, or who have significant deficits in life skills, co-occurring substance abuse disorders, homelessness, and/or legal issues.

The ACT team provides comprehensive coordination of care by partnering with consumers, families, natural supports, and professionals to assist with community integration.

Who is eligible for this program?

Individuals who meet the following criteria:

- Have a primary diagnosis of schizophrenia, schizoaffective disorder or bipolar disorder
- Have a history of recent hospitalizations, incarceration, homelessness, co-occurring disorders, and/or legal issues
- Are eligible for Medical Assistance
- Are unable to benefit from less intensive levels of care (i.e., case management, outpatient services)

What specific services are provided?

Individuals in this program receive comprehensive treatment from professionals trained in psychiatry, psychology, co-occurring disorders, social work, case management, nursing, supported employment, housing support, and peer support.

The program offers client-centered, recovery-oriented services including:

Psychiatric Treatment

The psychiatrist provides psychiatric assessment/evaluation and ongoing medication monitoring, specific to the needs of the individual.

Individual Therapy

ACT therapists provide psychotherapy/counseling to individuals to assist with the development of coping strategies and behaviors beneficial to symptom management and recovery.

Co-Occurring Disorders Treatment

ACT has substance abuse specialists that are able to assist individuals with addiction issues. ACT provides integrated, stage-wise interventions.

Vocational Services

ACT utilizes supported employment practices to assist individuals in accessing work, school, volunteer opportunities, and other training.

24-Hour Emergency Psychiatric Services
24-hour on-call staff members provide support and crisis management

Group Therapy/Activities

ACT groups focus on areas such as cognitive therapy, medication education, illness management, recovery, health and wellness, exercise, and a number of other subjects (4-5 groups weekly).

Peer Support/Wellness Management Services

ACT utilizes psychosocial approaches to educate and support consumers in building and applying skills that support recovery and self-determination. This includes services provided by a Certified Peer Specialist.

Rehabilitative Services

ACT assists individuals in developing skills for independent living including completion of daily activities and improving social and communication skills.

Housing Assistance

A housing specialist, along with other team members, assists individuals in locating and maintaining housing in the community.

Health and Wellness

ACT nurses and other team members assist individuals in learning about and caring for medical conditions. The team provides education regarding diet, nutrition, exercise, and other behaviors/strategies to develop skills needed to promote physical well-being.