

Reactions to *Healing Neen*

On May 1, 2013, the TIC Committee held a screening of the movie *Healing Neen* for staff and consumers. The movie was well-received as evidenced by the survey results and comments outlined below. Twenty-seven consumers and staff completed the survey. Please contact Cindy Thiers if you would like to host a viewing of *Healing Neen* at your off-site location.

Survey Results

- 59% said they would definitely be more likely to ask someone "What has happened to you?" rather than "What is wrong with you?"
- 81% said they or someone they know have experienced trauma.
- 37% said that after watching the film, they were more likely to make changes in their own life/in their own recovery.
- 81% thought that the video increased their knowledge and/or understanding of trauma.
- 67% believed that others would likely benefit from viewing this film.

Comments

- "I liked the film" "Thank you!"
- "Great video. Brought great motivation to me"
- "Provided a better reflection of trauma's link to behaviors to cope"
- "Really liked the video and am always impressed by Julie; she did a great job!"
- "Excellent! Really makes you think and the film is inspirational"
- "Neen is an inspiration to so many! It's wonderful to see how her efforts and drive changed her life, and especially the life of her children and future generations."

Links

- Traumatic events, like physical concussions, can have lasting effects. Read more at <http://acestoohigh.com/2013/06/21/the-growing-interest-in-aces-and-trauma-informed-practices/>
- Understanding trauma could be the key to success in Camden's HopeWorks youth program. Read more at <http://www.newsworks.org/index.php/local//healthscience/55876-camden-program-aims-to-understand-impact-of-trauma-on-young-peoples-lives>
- The U.S. Department of Health and Human Services has issued new guidance to improve the well-being of children and families who have experienced trauma. The letter is available online at <http://www.medicaid.gov/Federal-Policy-Guidance/Federal-Policy-Guidance.html>

TARGET FREEDOM

Lenape Valley Foundation is proud to offer a group treatment option for children ages 11 - 14 beginning August 6, 2013. The TARGET FREEDOM group will meet every Tuesday for 10 weeks, in rooms 121 and 122 at Lenape's main building site, 500 N West St, Doylestown. Group meeting time is 6:00pm - 7:30pm.

TARGET FREEDOM is an educational and therapeutic group approach for the treatment of personal issues as they relate to a child's exposure to traumatic experiences. The goal of the group is to offer children a practical skill-set that will assist them to de-escalate and regulate extreme emotional states, manage intrusive trauma memories in daily life, and restore their capacity for information processing.

For further information, please contact group facilitators; LVF Outpatient therapist, Tiffany Manners at 267-893-5039, and/or BHRS Mobile Therapist, Julie Laing at 267-893-5430.