

Spotlight: Children and Trauma

The Science of Suffering: Kids are Inheriting their Parents' Trauma. Can Science Stop It?

<http://www.newrepublic.com/article/120144/trauma-genetic-scientists-say-parents-are-passing-ptsd-kids>

Emotional Trauma's Surprising Effect on Children

<http://health.clevelandclinic.org/2015/03/emotional-traumas-surprising-effect-on-children/>

The Long Reach of Childhood Trauma

<http://ctmirror.org/2015/01/20/the-long-reach-of-childhood-trauma/>

To teach kids about symptoms of trauma and therapy "A Terrible Thing Happened"

http://www.amazon.com/Terrible-Thing-Happened-Margaret-Holmes/dp/1557987017/ref=sr_1_1?ie=UTF8&qid=1425486320&sr=8-1&keywords=a+terrible+thing+happened

"Live in Vision, Not in Circumstance"

Lenape Valley Foundation's 6th Annual Golf Outing will be held at the Doylestown Country Club on June 8, 2015. Lenape Valley Foundation is proud to have Jon Dorenbos, Long Snapper for the Philadelphia Eagles, as the event's keynote speaker. In 1992, at the age of 12, Jon's father murdered his mother. Jon's father was convicted and sentenced to 13 years in prison and Jon was placed in the foster care system. Just before his 13th birthday, Jon discovered magic. Performing magic became an escape during a time of trauma and transition in his life. He has performed his magic in front of many famous musicians and athletes and will be sharing his inspirational story of resilience, perseverance, and hard work as our keynote speaker.

New Trauma-Specific Groups in Lenape Valley Foundation's Partial Hospitalization Program

Understanding Trauma, Psychodrama, and Trauma-Informed Art Therapy are now being offered as part of the Partial Hospitalization Program!

Understanding Trauma is a psychoeducational group focusing on coping skills, self-care, identifying triggers, and understanding the symptoms of PTSD. Psychodrama allows participants to act out their stories in a safe environment without the fear of re-traumatization while Trauma-Informed Art Therapy seeks to help individuals process and integrate the implicit and explicit memories of trauma through expressive art. Please contact Meghan Montagna if you have any questions about the new trauma-specific groups in the Partial Hospitalization Program.