

FREE MONTHLY WORKSHOPS

Issues Impacting Children

Caregivers, family members, and other loved ones involved in the life of a child or adolescent are invited to learn more about each topic, including information on symptoms, treatments, interventions, available resources, and impact on the family.

Workshops are held at the Lenape Valley Foundation Doylestown location from 5:00 to 6:30 PM. Light refreshments provided.



February 27
Managing Sadness and Depression

March 26
When Worry & Anxiety Affects Daily Life

April 30
Life After Trauma & PTSD

May 28
Challenging and Defiant Behaviors (ODD and Conduct Disorder)

June 25
LGBTQ Related Challenges

July 30
Drug & Alcohol Use and Abuse

August 27
The Struggle to Focus (ADHD)

September 24
Self-Harm and Suicidal Thoughts

October 29
Navigating Divorce

November 19
Autism Spectrum Disorder and Intellectual Disabilities

December 17
Unhealthy Eating Habits and Eating Disorders

Each session will be led by Alison Blum, a Licensed Marriage and Family Therapist with extensive experience providing therapy to children, adolescents, and families.



Space is limited. RSVP for each workshop at least one week prior by calling 267-893-5080 or e-mail alison.blum@lenapevf.org

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