



# You

your loved ones and  
our community  
deserve another option

welcome to

The   
**LODGE**  
at Lenape Valley Foundation  
**LODGE CRISIS RESIDENTIAL**



healing  
starts  
HERE



LENAPE VALLEY  
FOUNDATION  
CRISIS SERVICES

You

can

do

this

help

a new  
approach

We believe that your recovery can be made stronger and more resilient by using evidenced-based treatment approaches. When you are in crisis, you should have access to evidence-based treatment every day of the week. We believe that treatment is enhanced by the support and guidance of those who have lived through mental health struggles and are living in recovery. As such, we built our treatment model to include everyone from certified peer specialists to psychiatrists and are making counseling available 7 days a week.

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# what is a crisis?

Experiencing a crisis can happen to anyone. You do not have to have a diagnosed mental health disorder or substance use disorder or traumatic event occur in your life to “trigger” a crisis. A mental health crisis is a self-defined event that prevents you from maintaining a healthy life in your community. It can be manifested in ways like depression, anxiety, psychosis, and suicidal ideations, but like you, each mental health crisis is unique.


Entry into The Lodge is based on the criteria of the presence of a mental health crisis. Individuals struggling with co-occurring issues such as substance use disorder or mental health disorder are welcome to apply for care at The Lodge, but the presenting issue must be one of a mental health crisis.

# hope



# what is a crisis residential program?

Unlike inpatient hospitalization, **The Lodge** is an unlocked environment that offers voluntary service delivered with a person-centered approach. Much attention is given to the environment and treatment approach so that guests feel welcomed, affirmed, and validated. You play an active part in the treatment planning process by providing input on your goals for treatment. This approach has been shown to provide higher levels of satisfaction and improved outcomes.



Each private room at The Lodge has been designed to create a feeling of comfort and safety.

Crisis Residential programs are designed as home-like settings that contrast with the sterile, clinical atmosphere of an inpatient hospital setting. Controlled studies have shown that guests receiving services from a Crisis Residential program often report higher levels of satisfaction with treatment. A comfortable and inviting treatment environment with less focus on medication and restraint provides individuals the freedom and dignity they deserved.





At The Lodge, we believe that when you or your loved one is most vulnerable and most in need of help, making sure that the right level of care is assessed and available is a top priority. That's why our mental health professionals provide level-of-care assessments 24 hours a day.



If you are in a crisis, perhaps having thoughts about not wanting to live, out of control anxiety, depression, or thoughts that just aren't making sense, you may think that you have to go to the hospital and that you are going to be "locked up." Sometimes this is necessary and you may need a level of care that only an inpatient facility can provide. However, many times, a mental health crisis can be treated outside of a hospital in a more home-like environment.





how can  
being at The Lodge  
help me?

# healing

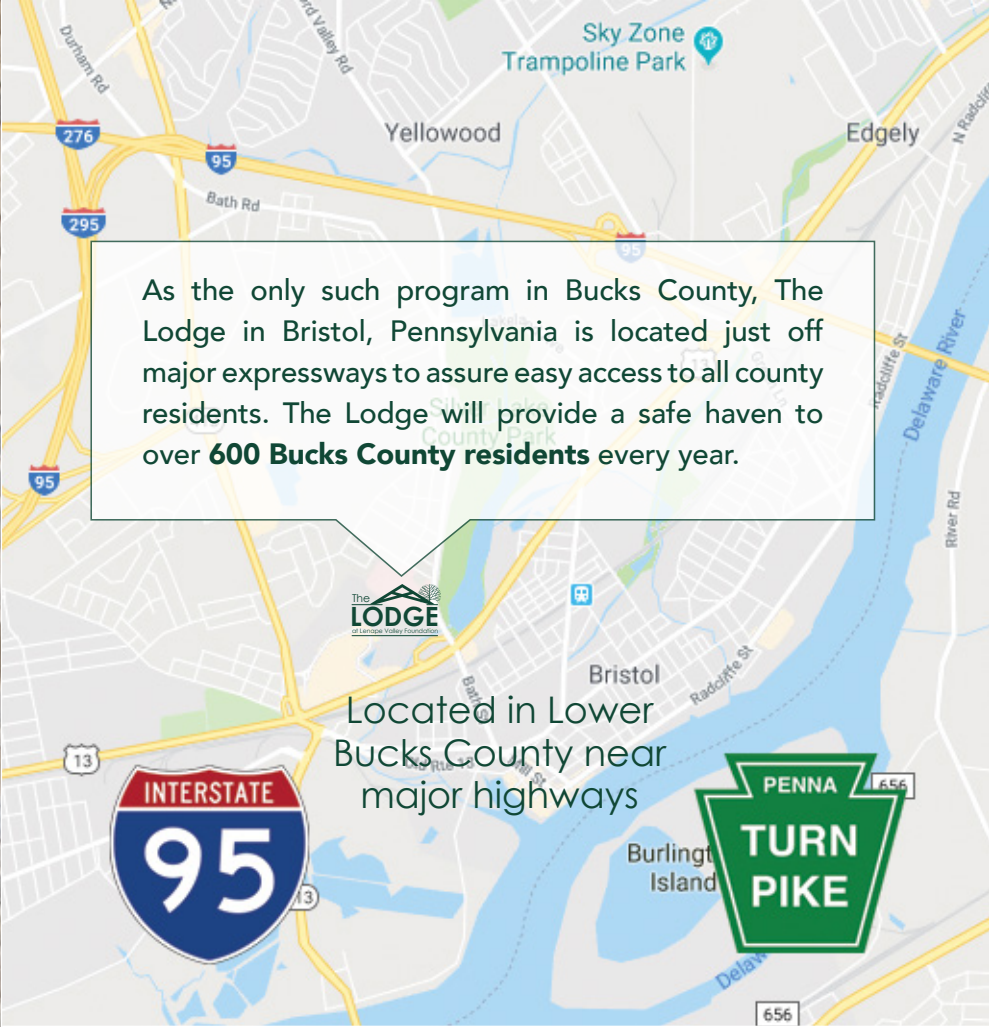
- The Lodge is designed for recovery. It is a safe place where our clinical team can help you start to feel better.
- It is a welcoming place to get away from the stresses that may be adding to your mental health crisis. Housed in a newly constructed, home-like setting, we offer private rooms with a semi-private bathroom, complimentary meals, free wifi, no-cost/on-site laundry, a spacious patio with an indoor/outdoor fireplace, view of the reflection pond, and outdoor meditation walk.
- Mental health professionals are available 24/7 to help stabilize your symptoms, help keep you safe, and learn new ways to cope.
- You can talk about traumatic experiences and explore your thoughts, ideas, and feelings with others who have been through similar experiences.



How can being at The Lodge help me? (continued)

- You can work with an individual therapist to help you learn more about events, people, or situations that may have prompted your mental health crisis and how to cope with or avoid them.
- You may find a new treatment, medication, or combination of both that helps you.
- Your voice matters. You are directly involved in developing a personalized treatment plan with guidance and support from our clinical team. These teams are often comprised of individual therapists, certified peer specialists, mental health professionals, psychiatrists, nurses, and those individuals meaningful to your life.
- We help with more than just finding respite from a difficult time. Becoming stable after a crisis is an amazing achievement, but recovery towards a fulfilled, content life is an important tenet for The Lodge. We offer long-term treatment planning and connections to continued care to help guide you towards a fulfilling recovery that works for you.





Staffed by mental health professionals, our admissions services are available 24/7 to provide caring evaluations for individuals in crisis. Walk-in evaluations are available on-site through Lenape Valley's 24 hour crisis centers located at Doylestown Hospital and Lenape's Bristol Campus. An outreach assessment can also be performed by LVF's Mobile Crisis Team. Referrals can be made by simply contacting admissions services by phone or email. Check our website for more information, including referral forms.



[www.lenapevf.org](http://www.lenapevf.org)



On the journey to recovery, Lenape Valley Foundation strives to help each client find hope, a renewed spirit, a revived sense of dignity, and the opportunity to live a full and productive life. For more than 60 years, Lenape Valley Foundation has provided assistance, compassion, and hope to thousands of children, adults and families within its community. We offer services related to mental health, substance use, intellectual disability and early intervention.

Our goal is to form a partnership with those in need in order to promote wellness, recovery, and healing. We realize it can be difficult to seek help. Turning to Lenape Valley Foundation is the first step in the right direction. Please be assured that you will be treated with the utmost respect and provided with specific recommendations as to how we can best respond to your personal needs. Lenape Valley Foundation provides individualized, culturally sensitive, compassionate care.

It is our belief at Lenape Valley Foundation that everyone can grow and progress toward personal fulfillment. We are ready to partner with you on this journey. We welcome any questions you have now or at any time throughout the course of your treatment.

**The Lodge**  
**Crisis Residential Program**  
499 Bath Road  
Bristol, PA 19007  
**267.893.5555**

**Walk-In, 24 hr Crisis Center**  
**Acute Psychiatric Services at**  
**Doylestown Hospital**  
595 W. State Street  
Doylestown, PA 18901  
**215.345.2273**

**Walk-In, 24 hr Crisis Center**  
**Lenape Valley Foundation,**  
**Bristol Campus**  
499 Bath Road  
Bristol, PA 19007  
**215.785.9765**

**Adult and Children's Mobile Crisis**  
**877.435.7709**

**Email Lenape at:**  
**[TheLodge@lenapevf.org](mailto:TheLodge@lenapevf.org)**