
HELPING A STRUGGLING LOVED ONE

ACCESSING MENTAL HEALTH AND SUBSTANCE USE SERVICES IN BUCKS COUNTY



LENAPE | VALLEY
FOUNDATION



Bucks County
DRUG & ALCOHOL COMMISSION, INC

[About](#) [Prevention](#) [Treatment](#) [Recovery](#) [Resources](#) [Contact](#) [Provider Login](#)

We are here to help.

Our mission is to reduce the use of tobacco and eliminate the use of illegal drugs and the abuse, misuse of and addiction to alcohol and other drugs.

[LEARN MORE](#)

215-444-2700

[DONATE](#)



OBJECTIVES

Signs that a person might be struggling



Assessment and treatment services in Bucks County



How to decide where to start

EARLY SIGNS OF STRUGGLE

Physical

- Tired, disheveled, more unkempt than usual, weight loss

Emotional

- No longer enjoying work, activities or hobbies, angry/irritable

Behavioral

- Late or cancelling plans/commitments, secretive

Psychological

- Difficulty concentrating, indecisiveness

WORSENING SIGNS OF STRUGGLE

Physical

- Declining hygiene, cuts/bruises

Emotional

- Increasing sadness, hopelessness, despair, rage, rapid mood swings

Behavioral

- Withdrawing from family/friends, absenteeism/presenteeism, odd/erratic behavior, hyper

Psychological

- Self-blame/criticism, racing thoughts, mind going blank

LENAPE VALLEY FOUNDATION

- Outpatient
 - Therapy
 - Psychiatry
 - Partial Hospital Program / Transitional Outpatient
- Blended Case Management
- Supports Coordination
- Early Intervention
- IBHS
- Assertive Community Treatment Team
- Residential
- Crisis

*Call
215.345.5300
to schedule
an Intake*



LVF ADULT & CHILDREN'S MOBILE CRISIS

- All of Bucks County
- Monday-Friday 7a-11p
 - 3 staggered teams
- Overnight On-call 11p-7a
 - One crisis worker responds with police
- Telehealth - Phone or Zoom

Referrals 24/7
877.435.7709



WHAT DOES THE MOBILE TEAM DO?

- Level of Care Assessments
- Crisis Counseling
- Crisis Prevention Planning
- Coordination of Care
- Involuntary Commitments



SITE-BASED CRISIS CENTERS

- Central Bucks - Doylestown Hospital (enter through ER)
 - 215.345.2273
- Lower Bucks - Lower Bucks Hospital (ER vs Center behind hospital)
 - 215.785.9765
 - Home of The Lodge Crisis Residential Program

Upper Bucks - Penn Foundation (Grandview ER) 215.257.6551



Accessing Treatment

- The first step in accessing drug and alcohol treatment is an Assessment.
- The Assessments are conducted at a provider that is contracted with the insurance carrier.



Accessing Treatment

- Private Insurance
 - The back of the insurance card has a number to call for substance/mental health services and they will direct to a contracted provider
- Medicare
 - Inpatient treatment only available for hospital level-Valley Forge Hospital, Eagleville Hospital
 - Outpatient-Family Services Association, Penn Foundation Mental Health Clinic and Penndel
- Medical Assistance/Magellan/No insurance
 - Must have an assessment within provider network



Lower Bucks Assessment

Adults 24/7

GAUDENZIA LOWER BUCKS

501 BATH ROAD

BRISTOL, PA 19007

267-405-6530

WWW.GAUDENZIA.ORG

WALK INS AND APPTS. AVAILABLE



Central Bucks Assessment Sites

ADULTS

SOAR CORP

655 LOUIS DRIVE

WARMISNTER, PA 18974

WWW.SOARCORP.ORG

215-444-0808

WALK IN HOURS:

MONDAY-FRIDAY 6am-1pm



Upper Bucks Assessment Sites

ADULTS AND ADOLESCENTS

PENN FOUNDATION-THE RECOVERY CENTER

807 LAWN AVENUE

SELLERSVILLE, PA 18960

WWW.PENNFOUNDATION.ORG

215-257-9999

WALK IN HOURS:

MONDAY-FRIDAY-Friday 8:30am-2:30pm

*CALL FOR AN INTAKE PRIOR TO WALK IN



Recovery Support Services

- BCARES
 - Bucks County Assess, Refer, Engage and Support
 - Emergency Room/Hospitalization assessments

- BCARES Family Connect
 - Family Peer Support
 - Family to Family
 - Bcaresfamilyconnect@gmail.com

- The Council of Southeast Pa.
 - Intensive Case Managers
 - TASC case managers
 - MOMS case manager
 - Recovery Centers/Certified Recovery Specialists



Recovery Support Services

Penn Foundation

- Mobile Engagement Services
- Center of Excellence

Family Services

- Center of Excellence

Recovery Houses

- Buckscountyrecoveryhouses.com
- <https://www.bucksrecoveryhouses.com>



ACT 53

- **What is Act 53?**
- Act 53 is a law in the state of Pennsylvania that allows a parent/legal guardian to obtain a drug and alcohol assessment for their child - and, if warranted, compel the child to enter treatment. The criteria is as follows:
 - The parent/legal guardian believes their child has a drug or alcohol problem;
 - There is evidence that their child has had a drug or alcohol problem within the last 30 days – please provide specific date(s);
 - The child is unwilling to participate in a treatment program;
 - The child must be a resident of Bucks County; and
 - The child must be between the ages of 12 and 17
- If the criteria are met, BCDAC, Inc. will guide the parent/legal guardian through the Act 53 process.
- Anyone can call 215-444-2730- ask for Cindy or Chris



Self Help Organizations

- Alcoholics Anonymous- 1-877-934-2522
- Al-Anon-215-222-5244
- Cocaine Anonymous-215-333-7798
- Double Trouble-215-428-0404
- Dual Recovery Anonymous-1-877-883-2332
- Eating Disorders 1-800-931-2237
- Narcotics Anonymous-215-440-2400
- SMART Recovery- smartrecovery.org (online meetings)
- Nami Bucks Support Groups: <https://namibuckspa.org/support-and-education/support-groups/online-support-groups/>



Bucks County Police Assisting in Recovery (BPAIR)



- **Bucks County Police Assisting In Recovery (BPAIR)** is a program aimed towards getting help for individuals seeking substance use disorder treatment by connecting them with resources, support and services. Participating Police Departments are here to help and support adult residents of Bucks County who are looking for help or struggling with substance use disorder.

The first step for the individual seeking treatment is to visit one of the [BPAIR Police Departments](#). The Police Department will then pair the individual with a volunteer who will accompany him or her to an assessment site.



Medication Take Back Program

MEDICATIONS ACCEPTED

- Prescription and over-the-counter medications
 - Tablets
 - Capsules
 - Patches
 - Nasal sprays
 - Creams
 - Vitamins
 - Ointments
 - Pet medications
 - Inhalers
 - Liquid medications (check with your local department if accepted)
 - NEW: Vaping Devices

Thanks to new guidance from the DEA, and to curb the spread of a dangerous trend targeting our children, Drug Take Back boxes throughout Bucks County are now accepting vaping devices, in addition to old, unused and unwanted medications (pet meds, too!).

MEDICATIONS NOT ACCEPTED

- Injectables
- Needles
- Illicit substances
- Thermometers
- Aerosol cans

Please visit www.bcdac.org for the updated Take Back brochure and other details. For any questions call 215-444-2740 or email dsfoisy@buckscounty.org



There are 44 permanent medication boxes in Bucks County. Visit www.bcdac.org for a complete list.





Get Naloxone Mailed to You!

Physical distancing and isolation due to the COVID-19 Pandemic Crisis has resulted in some new challenges in respect to people using alone or isolated in their homes.

That's where Prevention Point Pittsburgh's mail-based Narcan program comes in.

Pennsylvanians can sign up online and have the medication delivered directly to their homes through the NEXT Distro Naloxone mail-based service system. Please help save lives; carry Narcan, even at home, and share with families of those with opioid use disorders.

For more information, please visit www.nextdistro.org/pennsylvania.



Bucks County Drug & Alcohol Commission, Inc.
55 E. Court Street, 4th Floor, Doylestown, PA 18901
215-444-2700 | www.bcdac.org

- ⇒ To qualify for mail-based Naloxone distribution, you will need to view a training video, answer a short quiz, and provide enrollment information.
- ⇒ Please note that NEXT is a community-based distributor and does not interact with health insurance in any way, for that reason our enrollment form is not HIPAA compliant. If you would prefer a secure platform, consider Script Health.
- ⇒ Opioid overdose prevention and response trainings can vary, and in some cases cover the topic extensively. We encourage you to visit our educational resources page to learn more about rescue breathing, the recovery position, opioid overdose aftercare, and a host of other valuable topics.
- ⇒ The training video, quiz, and enrollment are available in both English and Spanish.

HOW TO DECIDE WHERE TO START?

1. Immediate Physical Safety

- Bleeding, unconscious, disoriented

2. Urgency

- Overdose
- Suicidal Action or Attempt
 - “Have you been having thoughts of suicide?”
 - “Have you taken any steps to follow through on those thoughts?”
- Homicidal or Physically Assaultive Action
- Combative or Uncooperative
- Psychotic -Unable to care for self because of disconnection from reality

3. Available Supports

*If you call 911,
ask for a CIT
Officer*



Contact Information
Lenape Valley Foundation
500 N. West Street
Doylestown, PA 18901
215-345-5300
www.lenapevf.org

Facebook, Twitter, Instagram: @lenapevf
info@lenapevf.org
Crisis Hotline: 1-800-499-7455



Contact Information

Bucks County Drug & Alcohol Commission, Inc

55 East Court St

4th Floor

Doylestown, PA 18901

215-444-2700



QUESTIONS?



- Ana Rosado
 - arosado@buckscounty.org
 - 215-444-2712
- Nicole Wolf
 - Nicole.wolf@lenapevf.org
 - 215-458-4220

